



MAHAK YADAV

Physical Education Professional | Volleyball Coach | Sports Officer

Indore, Madhya Pradesh • 9617177719 • mahakyadav32@gmail.com

PROFESSIONAL SUMMARY

Physical Education professional with extensive experience in volleyball coaching, sports administration, team management, officiating and school/university sports. Currently working at Vidyasagar College, with 15 years of volleyball coaching experience and experience as PGT, Sports Teacher and Sports Officer. Strong background in inter-university, national and west-zone competitions, athlete selection, team management and sports events.

EDUCATION

Qualification	Institution	Year / Status
Ph.D.	Devi Ahilya Vishwavidyalaya (DAVV), Indore	Pursuing
M.P.Ed.	Devi Ahilya Vishwavidyalaya (DAVV), Indore	2020
B.P.Ed.	Rabindranath Tagore University, Bhopal	2018
B.Com	Devi Ahilya Vishwavidyalaya (DAVV), Indore	2016
Higher Secondary	M.P. Board, Bhopal	2013
High School	M.P. Board, Bhopal	2011

PROFESSIONAL EXPERIENCE

- Currently working at Vidyasagar College.
- 15 years of experience as a Volleyball Coach.
- 1 year experience as PGT in Physical Education at ITMA.
- 1 year experience as Sports Teacher at PPS.
- 1 year experience as Sports Officer at Shri Umiya Kanya Mahavidyalaya.

COACHING, SPORTS ADMINISTRATION & OFFICIATING

- Coach – Inter State Volleyball Championship, Rewa District.
- Coach – West Zone DAVV Volleyball Team at Sant Gadge Baba Amravati University (2022–23).
- Coach cum Manager – West Zone DAVV Volleyball Team at Shree Khushal Das University, Hanumangarh (2024–25).
- Coach – West Zone DAVV Volleyball Team at Hemchandracharya North Gujarat University, Patan (2025–26).

- Coach – Cross Country Team.
- Team Manager – DAVV Women’s Badminton Team at Symbiosis International (Deemed University), Pune; secured III Position (2025–26).
- Team Manager – All India Inter University Tournament at PES University, Bengaluru (2025–26).
- Manager – Badminton, Khelo India University Games, Lucknow (2023).
- Selection Committee Member – DAVV Women’s Volleyball.
- Official – Volleyball, Badminton and Athletics.
- Worked as Sports Officer.

ACHIEVEMENTS

- 10-time Inter State Volleyball Championship participant.
- 2-time Senior National Volleyball Championship participant.
- 1-time Youth National Volleyball Championship participant.
- 1-time NCC National Volleyball Championship participant.
- 2-time School National Volleyball Championship participant.
- 1-time PYKKA National Volleyball Championship participant.
- 1-time All India University Volleyball Championship participant.
- 10-time National Shooting Ball Championship participant.
- Participated in University Team Volleyball Championship.
- Awarded Khiladi Samaan Samaroh, DAVV (2022–23).

RESEARCH PUBLICATIONS

- Assessment of Anxiety Level & Achievement Motivation among Volleyball Players of Different Levels of Achievement – International Multidisciplinary Research Journal, Vol. 15, February 2026.
- Assessment of Mental Toughness of Volleyball Players – International Journal of Physical Education, Sports & Health, Vol. 13, 2026.

WORKSHOPS, SEMINARS & WEBINARS

- DAVV Workshop on Research & Applied Statistics – 10–11 March 2019.
- DAVV Workshop on Statistical Application in Social Sciences – 5–7 March 2020.
- International Seminar on “Yoga & Health” – 2023.
- National Webinar on “Empowering Contemporary Indian Society through Physical Education, Sports and Yogic Sciences” – 2024.
- National Webinar on “Value Based Education and Various Dimensions of Employment Oriented Education” – 2025.

SPORTS & OTHER GAMES

Volleyball • Shooting Ball • Kho-Kho • Badminton • Skating • Basketball • Cricket

COMPUTER SKILLS

Basic knowledge of computers.

PERSONAL DETAILS

Father's Name	Shri Manoj Yadav
Mother's Name	Smt. Sunita Yadav
Date of Birth	10 January 1996
Gender	Female
Nationality	Indian
Marital Status	Unmarried
Languages	English & Hindi

HOBBIES

Playing Volleyball • Dancing • Listening to Music

REFERENCES

- Dr. S.K. Yadav, M.P.E., M.Phil., Ph.D., Diploma in Coaching (Badminton), Professor, School of Physical Education, Devi Ahilya Vishwavidyalaya, Indore | yadavshorya@rediffmail.com | 98265 35933
- Dr. Deepak Mehta, Professor & Head, School of Physical Education, Devi Ahilya Vishwavidyalaya, Indore | deepak48mehta@gmail.com | 98263 36271

DECLARATION

I hereby declare that the above-mentioned information is correct to the best of my knowledge and I bear responsibility for the correctness of the particulars.

Place: Indore

Date: _____

Mahak Yadav